FARMING FOR OUR SOIL, LIVELIHOOD, AND COMMUNITY
21ST ANNUAL CONFERENCE PROGRAM

JANUARY 16-18, 2020 • E. HYATTSVILLE, MD
Thank you for being a part of our conference, organization, and mission

Hey farming friends, did you feel it? That surge of energy pulsing through our community this year? The UN came out with its dire climate change predictions – we will soon reach the point of no return. Floods last year; drought this year – can we take much more? But then came the report’s ray of hope – we farmers hold a powerful antidote literally in our hands: healthy soil rich with organic matter, rich with microbial life, can store significant amounts of carbon drawn down from the air via plant photosynthesis. So now we suddenly find ourselves in yet another role – not only must we be stewards of our businesses, communities, our land and water – but also of our world’s very climate (and you just wanted to sell fresh vegetables at market!).

Scientists and farmers must work together to fine tune practices that leave our soil with enough stability and organic matter to nourish fungal hyphae and healthy colonies of protozoa, the living creatures below our feet that build healthy, water retaining, carbon sequestering soil. You can learn all about it from conference keynoter Dr. Elaine Ingham, and the many conference sessions devoted to latest innovations in farming techniques that mimic nature and boost soil fertility.

And we get nowhere if we aren’t in this all together, with fair and just access to land, resources, and leadership. Opening keynoter Leah Penniman of Soul Fire Farm tells it like it is, and what we need to do to eliminate the ways that racism, classism, sexism, homophobia, and xenophobia in our institutions prevent some of our farm community from successfully founding and operating their own farm businesses.

When we do come together, farming is a beautiful burden, isn’t it? It’s a puzzle that can’t be solved in one lifetime. So, we’re here together to share ideas and camaraderie that will build better farming in our region. This organization of energized people, Future Harvest, has taken a mighty leap forward. In addition to our education programs, in 2020 and beyond we’ll be conducting research on soils—on YOUR land! We have classes and mentoring programs in four states. We’re operating year-round, driving new information to farmers of all experience levels in livestock, vegetables, flowers, herbs, and fruit. This is an organization that’s exploding with energy and projects, because – along with you -- we have some tough puzzles to solve, friends, and we haven’t got a moment to lose. Join together these next few days to learn, make merry, and double down on our work ahead.
Support Next Gen Farmers

The odds against new farmer success are daunting. High land prices, competition from cheap, mass-produced food, labor shortages, and just plain hard work are steep challenges for the new farmer.

The good news—our region is experiencing an explosion of interest in farming! Future Harvest CASA’s Beginner Farmer Training Program has grown from just 13 trainees in 2015, to 80 trainees enrolled in our 2020 class! Your donation will help us grow next gen farmers eager to produce fresh, nutritious food in ways that are profitable and protect our water and land, and fight climate change by sequestering carbon in soil.

Support the Tipper-Gurley Fund for New Farmers to help beginning farmers achieve commercial success.

For more info: www.futureharvestcasa.org

Donate via PayPal: http://bit.ly/GiveTGF or send a check to 1114 Shawan Road, Suite 1, Cockeysville, MD 21030 (note TGF in check memo line). Email: dена@futureharvestcasa.org to make stock gifts or with questions.
In addition to our generous conference sponsors, the following are Future Harvest CASA supporters with gifts of $1000 or more:

Anonymous  
Battye Charitable Trust  
Brendan Iribe  
Bruce and Polly Behrens  
Cathy Tipper  
Cheryl Tritt and Phil Walker  
Chesapeake Bay Trust  
Drew Kondylas  
Eric and Susan Rubel  
Gardiner and Nick Lapham  
Jack and Beckie Gurley  
Maya Leibman and Robert Gross  
Meatcrafters  
Potomac Vegetable Farms  
Prince Charitable Trusts  
Town Creek Foundation  
USDA-AMS  
USDA-NIFA

Thanks To Our Track Sponsors:

BEGINNING FARMING  
BUSINESS OF FARMING  
ENVIRONMENT, COMMUNITY, & POLICY

REGENERATIVE AG  
CROP PRODUCTION  
GRASSFED MEAT & DAIRY

MADE LOCAL

Conference Food & Drink Contributions
Very special thanks to our local purveyors and farmers, plus more unlisted, who donated food and beverages for conference meals, coffee break snacks, and happy hour.

Catoctin Distillery, Liberty Delight Farms, Meatcrafters, Mountainside Education and Enrichment, Deep Roots Farm, Calvert’s Gift Farm, Flying Plow Farm, Hex Ferments, Nice Farms Creamery, Owl’s Nest Farm, Potomac Vegetable Farms, Priapi Gardens, Purple Mountain Organics, Strength2Love2, and more!

Grow, Eat, Shoot! 2020 Photo Contest Judges
Lise Metzger, Molly Peterson, Edwin Remsberg

Special Conference Donations
Edwin Remsberg, Edwin Remsberg Photographs
### THURSDAY, JANUARY 16TH

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 am - 8:00 pm</td>
<td>Registration Open &amp; Exhibitor Set-Up</td>
</tr>
<tr>
<td>9:00 am - 12:00 pm</td>
<td>Free SNAP, FMNP, WIC and e-WIC Training - Room 2108</td>
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<tr>
<td>9:00 am - 4:00 pm</td>
<td>Pre-Conference Sessions with One-Hour Lunch on Your Own</td>
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<tr>
<td>4:30 pm - 6:30 pm</td>
<td>Veteran Farmer Meeting and Happy Hour - Room 2104</td>
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### FRIDAY, JANUARY 17TH

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 am - 6:30 pm</td>
<td>Registration Open &amp; Exhibits</td>
</tr>
<tr>
<td>7:30 am - 10:30 am</td>
<td>Coffee &amp; Tea: 2nd Floor Landing</td>
</tr>
<tr>
<td>9:00 am - 3:30 pm</td>
<td>Free One-on-One Marketing Consultations: Sign up at Registration</td>
</tr>
<tr>
<td>9:00 am - 4:30 pm</td>
<td>Free One-on-One Business and Food Safety Consultations: Sign up at Registration</td>
</tr>
<tr>
<td>9:00 am - 10:00 am Session I</td>
<td>Setting Up Your Farm on New Land - Room 2110</td>
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<tr>
<td></td>
<td>Essential Money Management for New Farmers - Room 2115</td>
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<td>Getting Started With Seed Saving - Room 2101</td>
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<td>Challenges and Opportunities When Raising Multiple Species on Pasture - Room 2106</td>
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<td>Fungi in Agroforestry - Room 2112</td>
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<tr>
<td>10:15 am - 11:15 am</td>
<td>Opening Keynote: Farming While Black: African Diasporic Wisdom for Farming and Food Justice - Leah Penniman Chesapeake Ballroom</td>
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<tr>
<td>11:30 am – 12:30 pm Session II</td>
<td>Grants: Where to Find Them and How To Get One - Room 2110</td>
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<td></td>
<td>Diversified Livestock for Profit - Adding Small Ruminants - Room 2115</td>
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<td>Amplifying Black Land and Food Sovereignty - Room 2111</td>
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<td></td>
<td>Use Your Animals to Improve Your Pasture Forage - Room 2106</td>
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<td></td>
<td>Buildings Are Local Too: Infrastructure 101 - Room 2104</td>
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<tr>
<td></td>
<td>Designing Resilient Farms - Room 2112</td>
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<tr>
<td>12:45 pm – 1:45 pm</td>
<td>Lunch: Chesapeake Ballroom</td>
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<tr>
<td>2:00 pm – 3:30 pm Session III</td>
<td>From Farm to Market - Room 2110</td>
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<td></td>
<td>Collaborative Marketing to Grow Your Ag Biz - Room 2115</td>
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<td></td>
<td>The Science and Art of Pruning Woody Perennials - Room 2101</td>
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<td>The Changing Face of CSA - Room 2111</td>
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<td>A Grazing System for Spring Lamb - Room 2106</td>
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<td></td>
<td>Bringing Grains to the Local Table - Room 2104</td>
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<td>Improving Soil Health Reduces Climate Risk and Boosts Profits - Room 2112</td>
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<tr>
<td>3:30 pm – 5:00 pm</td>
<td>Coffee &amp; Tea: 2nd Floor Landing</td>
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</tbody>
</table>
# Schedule at a Glance

## Friday, January 17th Continued

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</table>
| 3:45 pm - 5:00 pm | Farmer-to-Farmer Chats and Open Sessions  
Join a chat from the list below or suggest one you’d like to lead. Post your chat session on the bulletin board at registration.  
**Work Life Balance Room 2104**  
**Grazing Chat Room 2106**  
**Tool Knowledge Exchange Room 2110**  
**Farmer of Color Meetup Room 2112** |
| 5:15 pm - 6:15 pm | Happy Hour and Networking: *Exhibitors Hall in front of Chesapeake Ballroom* |
| 6:30 pm - 8:30 pm | Dinner, GO GRASSFED film screening, and awards *Chesapeake Ballroom* |

## Saturday, January 18th

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:30 am - 4:00 pm</td>
<td>Registration Open &amp; Exhibits</td>
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<tr>
<td>7:30 am - 9:30 am</td>
<td>Coffee, Tea, and Light Breakfast: <em>Hall of Distinction Atrium</em></td>
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<tr>
<td>7:45 am – 8:45 am</td>
<td>Roundtable Discussion: CSAs in Metro DC and CSA-Innovation Network: <em>Room 2110</em></td>
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<tr>
<td>9:00 am – 10:00 am</td>
<td>21st Annual Membership Meeting: <em>Chesapeake Ballroom</em></td>
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<tr>
<td>10:00 am - 3:00 pm</td>
<td>Free One-on-One Food Safety and Marketing Consultations: <em>Sign up at Registration</em></td>
</tr>
</tbody>
</table>
| 10:15 am - 11:45 am | Liabilities + Longevity: What’s Your Capacity for Debt? - *Room 2115*  
Part One Veggie Intensive: No-Till Vegetable Growing - *Room 2101*  
Boots on the Ground: Stories from Veteran Farmers - *Room 2111*  
Livestock and Soil Health - *Room 2106*  
Pippin Sauce: From Sourcing to Production - *Room 2104*  
The Million Acre Challenge and More: New Farmer Programs to Build Healthy Soil - *Room 2112* |
| 12:00 pm - 1:15 pm | Lunch & Keynote  
**Can Healthy Soils Slow Down - or Even Reverse - the Impact of Climate Change?**  
Dr. Elaine Ingham  
*Chesapeake Ballroom* |
| 1:30 pm - 3:00 pm | Business Planning for Beginning Farmers - *Room 2110*  
Part Two Veggie Intensive: No-Till Vegetable Growing - *Room 2101*  
A Framework for Change in the Food System - *Room 2111*  
Is the Slaughterhouse Your Obstacle - *Room 2106*  
High-Demand Grapes for Vineyard Startups - *Room 2104*  
Can Healthy Soils Reverse Climate Change - *Room 2112* |
| 3:15 pm - 4:45 pm | Stories from Scaling Up - *Room 2110*  
Finding Your Inner Entrepreneur: The Story of Oak Spring Farm - *Room 2115*  
Weed Management Tools for Vegetable and Grain Production - *Room 2101*  
Social Justice in Agriculture: A Dialogue with Farmworkers - *Room 2111*  
Report on Safe Urban Harvests Study - *Room 2112* |
FRIDAY KEYNOTE: 10:15 AM - 11:15 AM
Leah Penniman: Farming While Black: African Diasporic Wisdom for Farming and Food Justice
Leah Penniman is a Black Kreyol farmer, author, mother, and food justice activist who has been tending the soil and organizing for an anti-racist food system for over 20 years. She currently serves as founding co-executive director of Soul Fire Farm in Grafton, New York, a people-of-color led project that works toward food and land justice. Find out more about Leah’s work at www.soulfirefarm.org and follow her @soulfirefarm on Facebook, Twitter and Instagram.
Chesapeake Ballroom

FRIDAY DINNER PROGRAM: 6:30 PM - 8:30 PM
Join us in the Chesapeake Ballroom for an evening program featuring a meal sourced from local farms, farmer awards, and a screening of our new Go Grassfed film.

GO GRASSFED FILM PREMIERE: 7:15 PM
Don’t miss the premiere of our Go Grassfed Film during dinner! Pick up a copy of our newest edition of Amazing Grazing! See it online: www.futureharvestcasa.org/resources/gograssfed

FARMER OF THE FOODSHED AWARDS: 8:00 PM
Sarah Rider and Tom Paduano, Flying Plow Farm
Barbara Lamborne, Greenstone Fields

COLCHESTER LEGACY FUND AWARD 8:00 PM
Judy Gifford, St. Brigid’s Farm
SATURDAY KEYNOTE: 12:00 PM - 1:15 PM
Dr. Elaine Ingham: Can Healthy Soils Slow Down - or Even Reverse - the Impact of Climate Change?

Dr. Elaine Ingham is an American microbiologist and soil biology researcher and founder of Soil Foodweb Inc. She is known as a leader in soil microbiology and research of the soil food web. She is an author of the USDA’s Soil Biology Primer. In 2011, Ingham was named as The Rodale Institute’s chief scientist. Find out more about Elaine’s work on www.soilfoodweb.com

Chesapeake Ballroom

JOIN THE COMMUNITY
#FHCASA2020

FUTURE HARVEST BULLETIN BOARD & COMMUNITY CALENDAR

Did you know that our website is home to a Community Calendar and Bulletin Board where anyone can post about job openings, land opportunities, farm-focused events, workshops, equipment sales and more? For free! Submit your post online or email deb@futureharvestcasa.org

SOCIAL NETWORKING
Join the FHCASA conversation on social media. Share photos, ideas, inspiration, and your thoughts about the conference using the hashtag: #FHCASA2020 We are on Facebook, Twitter, and Instagram. Like our Facebook page and follow @FHCASA on Twitter and Instagram for program information and regional news.

GROW, EAT, SHOOT! 2020 PHOTO CONTEST WINNERS.

Grand Prize: Anh Doan
Small But Mighty Radish

1st Runner up: Maya Kosok
Freshly Harvested Specialty Tulips

2nd Runner up: Mary Cottone,
Bees on Sunflower

EACH YEAR PHOTO CONTEST WINNERS RECEIVE CONFERENCE REGISTRATION AND CASH PRIZES. MAKE SURE TO ENTER YOUR BEST FARM PHOTOS FOR A CHANCE TO WIN IN 2021!
EXHIBITORS

Bath Fitter
Black Yield Institute
Catoctin Distillery
Chesapeake Bay Foundation
Chesapeake Buy Fresh Buy Local
Delmarva Grown
Eastern Shore Land Conservancy
Fair Farms Now
Farm-to-Consumer Legal Defense Fund
Farmer Veteran Coalition
Fertrell

FreshFarm
Full Circle Mushroom Compost
HEX Ferments
Jesse’s Paddle
Johnny’s Selected Seeds
LeafFilter North of Maryland, LLC.
Maryland Agricultural and Resource-Based Industry Development Corporation (MARBIDCO)
Maryland Agricultural Education Foundation (MAEF)
Maryland Grazers Network
MD-NRCS
Mid-Atlantic Farm Credit
Northeast Sustainable Agriculture Research & Education

NSAC (National Sustainable Agriculture Coalition)
Purple Mountain Organics
Rimol Greenhouse Systems
Soilful City
USDA-National Agricultural Statistics Service (Northeastern regional field office)
University of Maryland Extension
UME-MDA
USDA/Farm Service Agency
Weston A. Price Foundation
Veteran Compost

SPEAKERS

Aaron Cooper, Cutfresh Organics
Adin Alai, 9 Fiber
Alisha Mulkey, Maryland Department of Agriculture
Amy Mugford, Loudoun Economic Development
Andrew Ristvey, UMD
Asha Carter, National Black Food and Justice Alliance
Bahiyah Parks, EcoBlossoms Farm
Barbara Lamborne, Greenstone Fields
Barrett Hightower, Common Grain Alliance
Bill Bryan, farmer and retired WVU extension
Blain Snipstal, EarthBound Building
Bonnie Kittrell, Double 8 Alpaca Ranch
Bryan Alexander, Good Dog Farm
Bryan O’Hara, Tobacco Road Farm
Carin Celebuski, Ladybrook Farm
Carrie Nemec, Potomac Vegetable Farms
Casey Wisch, Long Stone Farm
Chris Blosser, Loudoun Economic Development
Craig Sewell, SMADC
Cristina Flores, FlowersxFlores
Dave Dowling, Ednie Flower Bulb
Dave Liker, Gorman Farms
David Guist, Second Spring Farm
David Sachs, Grapewood Farm
Dena Leibman, Partnership for a Healthier America
Denzel Mitchell, Strength2Lovell
Dom Hosack, EarthBound Building
Dru Peters, Sunnyside Flowers & Farm
Elaine Ingham, Soil Food Web
Elaine L Lemmon, Kitchen Table Consultants
Eric Jackson, Black Yield Institute
Eric Steenstra, Vote Hemp
Floyd Godsey, Black Yield Institute
Gale Livingstone, Deep Roots Farm
Ian Hertzmark, Meghrash Farm
Jeff Neal, Loop Closing
Jesse Straight, Whiffletree Farm
Jessica Culley, CATA
Jim Drews, MDA
Joanna Winkler, Good Dog Farm
Judy Gifford, St. Brigid’s Farm
Juli Obudzinski, NSAC
Katia Ramirez, CATA
Keeve Nachman, Johns Hopkins Center for a Livable Future
Kevin Atticks, Grow&Fortify
Kimberly W. Raikes, Whitelock Farm
Laura Beth Resnick, Butterbee Farm
Leah Penniman, Soul Fire Farm
Lee Jordan Jr., Black Yield Institute
Leila Borrero Krouse, CATA
Lindsay Gilmour, Chesapeake Foodshed Network
Lindsay Smith, MWCOG
Lisa Garfield, Future Harvest
Lisa Wheeler Duff, Oak Spring Farm
Lynn Rubin Traversa, UMD-Extension
M. James Faison, Partnership for a Healthier America
Marcus Roberson, Woodbox Farm
Mariya Strauss, Farm Alliance of Baltimore
Mark Jones, Sharondale Mushroom Farm
Maya Kosok, Hillen Homestead
Michael Heller, Chesapeake Bay Foundation

Mike Peterson, Stone Barns Center for Agriculture
Nazirahik Amen, Purple Mountain
Neith Little, UMD-Extension
Nevin Dawson, UMD-Extension, NESARE
Owen Taylor, Truelove Seeds
Patrick Johnson, Airport Farm, Diversity Permaculture
Peter Scott, Fields 4 Valor
Raul Ceballos, Black Yield Institute
Raychel Santo, Johns Hopkins Center for a Livable Future
Rona Kobell, author, “The Case for Hemp in Maryland”
Ruth Tyson, Chesapeake Foodshed Network
Sade Anderson, Chesapeake Foodshed Network
Sanaz Arjomand, NYFC
Sandra Kay Miller, Painted Hand Farm
Sara Lupolt, Johns Hopkins Center for a Livable Future
Sara Via, UMD
Sarah Bay Nawa, PASA
Sarah Dachos, Veteran Farmer Coalition
Sarah Ryder and Tom Paduano, Flying Plow Farm
Shannon Potter Dill, UMD Extension
Steve Groff, Groff North America
Tim Woods, University of Kentucky
Tope Fajingbesi, Dodo Farms and IAA
Twannahia Thomas, Black Yield Institute
Wesley Cornell, Blueberry Gardens
Xavier Brown, Soilful City
### SESSION I: 9:00 AM - 10:00 AM

<table>
<thead>
<tr>
<th>Category</th>
<th>Room</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td><strong>BEGINNING FARMING</strong></td>
<td>Room 2110</td>
<td><strong>Setting Up Your Farm on New Land</strong>: You’ve got land! Now it’s time to transform your blank canvas into an efficient and productive operation. Learn why, where, and how to site fields, read your landscape of weeds, assess and amend soils, and determine the best places for infrastructure. <em>(Gale Livingstone, Deep Roots Farm)</em></td>
</tr>
<tr>
<td><strong>BUSINESS OF FARMING</strong></td>
<td>Room 2115</td>
<td><strong>Essential Money Management for Farmers</strong>: Managing money isn’t just about paying invoices on time. Stay ahead of costly repairs and financial mistakes by considering your labor force, design efficiency and flow, and find out about free tools and support available to you right now. <em>(Tope Fajingbesi, Dodo Farms and UMD, IAA)</em></td>
</tr>
<tr>
<td><strong>ENVIRONMENT, COMMUNITY, &amp; POLICY</strong></td>
<td>Room 2111</td>
<td><strong>Farmers for Climate Action</strong>: Where and how do we engage in climate discussions on a grassroots level, as well as politically and globally? Learn how other farmers are speaking up. Your voice needs to be heard! <em>(Juli Obudzinski, NSAC; Sanaz Arjomand, NYFC)</em></td>
</tr>
<tr>
<td><strong>GRASSFED MEAT &amp; DAIRY</strong></td>
<td>Room 2106</td>
<td><strong>Challenges and Opportunities When Raising Multiple Species on Pasture</strong>: Raising chickens, pigs, cattle, turkeys, and laying hens on pasture with no hormones, chemicals, or antibiotics has many advantages - but also a few disadvantages. Learn what labor, infrastructure, and knowledge is required to successfully raise and market pastured meats. <em>(Jesse Straight, Whiffletree Farm)</em></td>
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<tr>
<td><strong>REGENERATIVE AG</strong></td>
<td>Room 2112</td>
<td><strong>Fungi in Agroforestry</strong>: Fungi and microbes play highly beneficial roles in forest ecosystems. They provide opportunities to support and grow biodiversity, enhance ecosystem services, provide food and medicine, and advance biological farming. Learn how to amplify native mycorrhizal fungi for transplant production of perennial agroforestry. <em>(Mark Jones, Sharondale Mushroom Farm)</em></td>
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<tr>
<td><strong>CROP PRODUCTION</strong></td>
<td>Room 2101</td>
<td><strong>Getting Started with Seed Saving</strong>: There are remarkable stories embodied in our ancestors’ seeds, and current policies in place that make seed keeping essential today. Join into an exploration of the most important concepts for saving seeds and a hands-on demonstration of cleaning and saving both wet and dry seeds. <em>(Owen Taylor, Truelove Seeds)</em></td>
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### FRIDAY KEYNOTE: 10:15 AM - 11:15 AM

**Leah Penniman: Farming While Black: African Diasporic Wisdom for Farming and Food Justice**

Farmer and author Leah Penniman discusses how programs such as the *Black-Indigenous Farmers Immersion* and *Youth Food Justice Leadership Training* are working alongside a global network of farmers to build a food system based on justice, dignity, and abundance for all members of our community.

*Chesapeake Ballroom*

### SESSION II: 11:30 AM - 12:30 PM

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<tr>
<th>Time</th>
<th>Location</th>
<th>Topic</th>
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<tbody>
<tr>
<td>11:30 AM</td>
<td>Room 2110</td>
<td>Grants: Where to Find Them and How to Get One: Learn about available grants and strategies for turning your ideas into fundable proposals. Successful grantees, grant reviewers, and grant program administrators will help you analyze RFPs, avoid common pitfalls, and think like a reviewer as you design projects and proposals. <em>(Nevin Dawson UMD Extension and Northeast SARE, and Lisa Garfield, Future Harvest, SARE Grantee, and SARE Technical Committee)</em></td>
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<td>Diversified Livestock for Profit - Adding Small Ruminants: Running multi-species livestock not only benefits pasture and animal health, it creates multiple income streams -- available more frequently -- for your farm. Don’t be afraid to add sheep and goats to your business plan. Learn how and when to profitably integrate and market small ruminants. <em>(Sandra K. Miller, Painted Hand Farm)</em></td>
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<td>Room 2111</td>
<td>Amplifying Black Land &amp; Food Sovereignty: Discrimination and violence against African-American farmers has led to our decline from 14% of all growers in 1920 to less than 2% today. Learn how you can be part of the movement for food sovereignty and help build a food system based on justice, dignity, and abundance for all. <em>(Eric Jackson, Black Yield Institute; Leah Penniman, Soul Fire Farm)</em></td>
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<td>Room 2106</td>
<td>Use Your Animals to Improve Your Pasture Forage: The best land management systems are based in soil health, mimic nature, and work towards improving biodiversity. Learn how multi-species grazing, careful pasture planning, and strategic grazing can improve your pastures and woodlands while producing the highest quality products. <em>(Mike Peterson, Stone Barns Center for Food and Agriculture)</em></td>
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<td>Room 2112</td>
<td>Designing Resilient Farms - Using Permaculture to Protect Against Weather Events: Learn how and where permaculture design, which is a farming practice derived from nature, can help mitigate flooding, high winds, drought, and other effects of climate change -- to ensure your farm, and everything on it can withstand extreme conditions. <em>(Patrick Johnson, Airport Farm, Diversity Permaculture)</em></td>
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<td>Room 2104</td>
<td>Buildings Are Local Too: Farm Infrastructure 101: There is a science to determining the scope of a building project and after working with more than 100 farms in the region, Earthbound Building’s team will teach you how to determine what’s best for your building project, whether it’s an in house project or hired out. <em>(Blain Snipstal and Dom Hosack, Earthbound Building)</em></td>
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### LUNCH: 12:45 PM - 1:45 PM

*Chesapeake Ballroom*
## SCHEDULE: FRIDAY JANUARY 17

### SESSION III: 2:00 PM - 3:30 PM

<table>
<thead>
<tr>
<th>Session</th>
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<tr>
<td><strong>BEGINNING FARMING</strong></td>
<td>Room 2110</td>
<td>From Farm to Market: Working with WIC and the Department of Aging broadens community access to fresh, local food, and expands your customer base. Capture new-to-you sectors of the market and maximize healthy food access through nutrition education intervention efforts and dynamic farmers market displays. (Lynn Rubin Traversa, Statewide Healthy Food Systems Coordinator, UMD Extension, FSNE State Office)</td>
</tr>
<tr>
<td><strong>BUSINESS OF FARMING</strong></td>
<td>Room 2115</td>
<td>Collaborative Marketing Programs to Grow Your AgBiz: Loudoun Economic Development promotes farms and ag-based businesses through grassroots, farmer-focused marketing programs, strategic branding, and high-traffic Farm Tour weekends. Learn how your farm and community can benefit from collaborative marketing. (Chris Blosser &amp; Amy Mugford, Loudoun Economic Development; Casey Wisch, Longstone Farm; Bonnie Kittrell, Double 8 Alpaca Ranch)</td>
</tr>
<tr>
<td><strong>ENVIRONMENT, COMMUNITY, &amp; POLICY</strong></td>
<td>Room 2111</td>
<td>The Changing Face of CSA: As CSA grows in popularity, more and more customers are seeking subscriptions in convenient and accessible locations. Join Dr. Tim Woods and a panel of farmers to discuss diversifying your CSA drop spots to include places of work, worship, exercise, and other places that can expand your customer base. Learn how wellness vouchers, coalition approaches, new models, and partnerships are improving access to CSA for limited resource consumers with the CSA Innovation Network (CSA-IN) (Dr. Tim Woods, UKY; Carrie Nema, Potomac Vegetable Farms)</td>
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<tr>
<td><strong>GRASSFED MEAT &amp; DAIRY</strong></td>
<td>Room 2106</td>
<td>A Grazing Management System for Spring Organic Lamb: Over ten years, William Bryan studied three different pasture uses raising spring grass-fed lamb in a fixed area. Hear about his experience managing the sheep and lambs for more than one crop, while choreographing hay cuttings, grazing, and keeping a buffer. (Bill Bryan, Farmer and retired Extension Researcher, WVU)</td>
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<tr>
<td><strong>REGENERATIVE AG</strong></td>
<td>Room 2112</td>
<td>Improving Soil Health Reduces Climate Risk and Boosts Profits: Increasing soil health is a big win for farmers, reducing climate risk and restoring the natural ability of soil to produce healthy crops with fewer inputs. Learn how soil health practices like no-till and cover crops can not only increase profits but also make farmers part of the climate solution. (Dr. Sara Via, Department of Entomology, UMD College Park &amp; University of Maryland Extension)</td>
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<tr>
<td><strong>CROP PRODUCTION</strong></td>
<td>Room 2101</td>
<td>The Science and Art of Pruning Woody Perennials: Proper and timely pruning keeps plants vigorous and increases yields. Fruit grower extraordinaire Wesley Cornell offers an overview of pruning theory, including hormonal response to wounds, callusing, and natural structure. Wesley Cornell will do a live demonstration of simple pruning techniques and offer an overview of his favorite tools. (Wesley Cornell, Blueberry Gardens)</td>
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<tr>
<td><strong>MADE LOCAL</strong></td>
<td>Room 2104</td>
<td>Bringing Grains to the Local Table: Sustainable grain farming is a critical component of soil health and environmental stewardship, yet value-chain gaps must be addressed in order to help consumers connect the dots between soil health, nutrition, and values-based pricing. (Barrett Hightower, Common Grain Alliance; Dr. Nazirahk Amen, Purple Mountain Organics; Aaron Cooper, Cutfresh Organics; Ian Hertzmark, Migrafarm; David Sachs, Grapewood Farm)</td>
</tr>
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</table>

### FARMER-TO-FARMER CHATS: 3:45 PM - 5:00 PM

Join a chat from the list at right or suggest one you’d like to lead. Post your chat session on the bulletin board at registration.

- Work Life Balance Room 2104
- Grazing Chat Room 2106
- Tool Knowledge Exchange Room 2110
- Farmer of Color Meetup Room 2112

### HAPPY HOUR & NETWORKING 5:15 PM - 6:15 PM

Exhibitors’ Hall in front of Chesapeake Ballroom

### DINNER, AWARDS, GO GRASSFED FILM 6:30 PM - 8:30 PM

Chesapeake Ballroom. Sponsored by Coastal Sunbelt & Turning Point Solutions.
### SESSION IV: 10:15 AM - 11:45 AM

| BUSINESS OF FARMING | Room 2115 | Liabilities + Longevity: What’s Your Capacity for Debt?: Examine a case study addressing liabilities, balance sheets, and leveraging new money for profitability then walk through an interactive spreadsheet tool that assesses the risks and benefits of borrowing. Workshop your own debt schedules and assumptions using a risk assessment model. Bring your laptop, balance sheet, and profit & loss statement. *(Elaine Lemmon, Kitchen Table Consultants)* |
| ENVIRONMENT, COMMUNITY, & POLICY | Room 2111 | Boots on the Ground - Stories From Veteran Farmers: Hear from former service members who have navigated a transition out of the military and into farming and are now working on farms, in the agricultural sector, and with veterans in need. *(Moderator: Sarah Dachos, Farmer Veteran Coalition; Panelists: Peter Scott, Fields 4 Valor; Kimberly W. Raikes, Whitelock Farm; Marcus Roberson, Woodbox Farm, LLC; Jeff Neal, Loop Closing)* |
| GRASSFED MEAT & DAIRY | Room 2106 | Livestock and Soil Health: There has been a lot of press about how meat and dairy industries impact the environment, but the truth is, livestock are critical to building soil ecology. Conference keynoter and world-renowned soil health expert Dr. Elaine Ingham will explain the science behind livestock in a farm lifecycle, and how integrating animals is critical for soil ecology. *(Dr. Elaine Ingham, Soil Foodweb, Inc)* |
| REGENERATIVE AG | Room 2112 | The Million Acre Challenge and More: New Farmer Programs to Build Healthy Soil: Chesapeake region farmers have an unprecedented opportunity to tap financial and technical resources to boost the fertility of their soil and better withstand extreme weather events. Future Harvest and six other partners, and a new MDA program, are offering free soil health testing, technical assistance, cost shares, economic data, and education and training opportunities to help farmers build soil health and become more resilient to floods and droughts. *(Dena Leibman and Lisa Garfield, Future Harvest; Sarah Bay Nawa, PASA; Alisha Mulkey, MDA)* |
| CROP PRODUCTION | Room 2101 | Part One: Veggie Intensive - No-Till Vegetable Growing: For seasoned and beginning growers, this workshop will present the details for growing large volumes of high-quality crops in any given area without the use of tillage. The methods utilized in the no-till system have demonstrated tremendously successful weed control and reduced need for irrigation, as well as excellent soil improvement. *(Bryan O’Hara, Tobacco Road Farm)* |
| MADE LOCAL | Room 2104 | Pippin Sauce - From Sourcing to Production: Well known in the Chesapeake region for collaborations with local farmers growing rare and heirloom peppers specifically for the sauces, and experienced with regulatory processes for value-added products, Xavier Brown will teach you what you need to enter the value-added market, why collaboration is key, and the importance of storytelling. *(Xavier Brown, Soilful City)* |
### SATURDAY KEYNOTE: 12:00 PM - 1:15 PM

**Dr. Elaine Ingham: Can Healthy Soils Slow Down - or Even Reverse - the Impact of Climate Change?**

Dr. Ingham will be speaking about her expansive research and mission to empower farmers to study and nurture their soils for a positive impact in our communities and on the planet. How vast can the change be if we really begin to steward our soils? Let's find out!

*Chesapeake Ballroom*

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### SESSION V: 1:30 PM - 3:00 PM

<table>
<thead>
<tr>
<th>Session</th>
<th>Room</th>
<th>Description</th>
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<tbody>
<tr>
<td>BEGINNING FARMING</td>
<td>Room 2110</td>
<td><strong>Business Planning for Beginning Farmers:</strong> Putting time into business planning on the front end will relieve stress and make you a happier farmer. Hear stories from a flower farmer about seven years of creating and actualizing the business plan for Butterbee Farm. The secret is a values-based approach to setting clear, achievable goals. <em>(Laura Beth Resnick, Butterbee Farm)</em></td>
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<tr>
<td>ENVIRONMENT, COMMUNITY, &amp; POLICY</td>
<td>Room 2111</td>
<td><strong>A Framework for Change in the Food System:</strong> The Community Food Network was created to connect agriculture and food system changemakers, to build equity, increase knowledge, and empower local communities. Learn about the organization’s pilot projects, how other organizations and individuals can engage with the network, and lessons learned from regional food system networks around the country. <em>(Asha Carter, Sade Anderson, Lindsay Gilmour, and Ruth Tyson, Chesapeake Food Network)</em></td>
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<tr>
<td>GRASSFED MEAT &amp; DAIRY</td>
<td>Room 2106</td>
<td><strong>Is the Slaughterhouse Your Obstacle?:</strong> Farmers and consumers are looking for local, custom meat processors they know and trust. Learn how the agricultural community in St. Mary's County, MD came together to overcome their processing hurdles, and how the phased approach to this public-private partnership is unfolding and benefiting regional farmers and consumers. <em>(Craig Sewell, SMADC and Amanda Hand, MKONO Farm)</em></td>
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<tr>
<td>REGENERATIVE AG</td>
<td>Room 2112</td>
<td><strong>Can Healthy Soil Reverse Climate Change?:</strong> Join conference keynoter and world-renowned soil health expert Dr. Elaine Ingham for an in-depth workshop on soil health for intermediate and advanced farmers. Learn how to build healthy soils and understand the various microorganisms at play in regenerative agriculture. <em>(Dr. Elaine Ingham, Soil Foodweb, Inc)</em></td>
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<tr>
<td>CROP PRODUCTION</td>
<td>Room 2101</td>
<td><strong>Part Two: Veggie Intensive -- No-Till Vegetable Growing:</strong> For seasoned and beginning growers, this workshop picks up where Part One left off - with a continuation of the no-till discussion including methods for solarization, composted mulches, multi-cropping, cover-cropping, broadcast seeding, and so much more. <em>(Bryan O'Hara, Tobacco Road Farm)</em></td>
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<tr>
<td>MADE LOCAL</td>
<td>Room 2104</td>
<td><strong>High-Demand Grapes for Vineyard Startups:</strong> Regional wineries are facing a deficit of more than 1,000 tons of grapes annually, which makes now a great time to plant some vines. Learn what you need to get started and how a newly developed financial tool, special to vineyards, can help your planning process and project expenses and revenue. <em>(Kevin Atticks, Grow and Fortify)</em></td>
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### SESSION VI: 3:15 PM - 4:15 PM

<table>
<thead>
<tr>
<th>Room</th>
<th>Session</th>
<th>Description</th>
<th>Details</th>
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<tbody>
<tr>
<td>Room 2110</td>
<td><strong>BEGINNING FARMING</strong></td>
<td><strong>Stories from Scaling Up</strong></td>
<td>Scaling up is not as simple as growing twice as much of everything. Hear from a panel of farmers who have navigated the highs and lows of scaling up and how their farm businesses have evolved along the way. <em>(Moderator: David Giusti, Second Spring Farm; Panelists: Dave Liker, Gorman Farms; Denzel Mitchell, Strength to Love 2 Farm; Joanna Winkler, Good Dog Farm)</em></td>
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<tr>
<td>Room 2115</td>
<td><strong>BUSINESS OF FARMING</strong></td>
<td><strong>Finding Your Inner Entrepreneur - The Story of Oak Spring Farm</strong></td>
<td>To succeed, farmers must be ambitious, agile, savvy entrepreneurs. Hear one farmer’s journey from homesteading to sustainable, profitable farming - what she grows, to whom and how she markets, key decisions made along the way, and lessons learned. You’ll also get a look at the farm’s mission statement, core values, and financials. <em>(Lisa Wheeler Duff, Oak Spring Farm)</em></td>
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<tr>
<td>Room 2111</td>
<td><strong>ENVIRONMENT, COMMUNITY, &amp; POLICY</strong></td>
<td><strong>Social Justice in Agriculture - A Dialogue with Farmers and Farmworkers</strong></td>
<td>We must work together if we are to achieve dignified working and living conditions for all. Join farmers and farmworkers to discuss how to raise the minimum wage for farmworkers, address problems with the H2A program, support farmers seeking fair prices for their products, promote sustainable practices, and minimize workers’ exposure to toxic pesticides. <em>(Jessica Culley, CATA, The Farmworkers’ Support Committee)</em></td>
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<tr>
<td>Room 2112</td>
<td><strong>REGENERATIVE AG</strong></td>
<td><strong>Report on Safe Urban Harvests Study</strong></td>
<td>Farmers in urban areas risk contact with heavy metals. We’re surveying Baltimore’s farm managers and community garden leaders, and collecting soil, water, and produce samples to analyze for the presence of heavy metals. Learn how this data will be used to develop soil safety policies for urban agriculture. <em>(Roychel Santo, Sara Lupolt, and Keeve Nachman, Johns Hopkins Center for a Livable Future; Mariya Strauss, Baltimore Farm Alliance; Neith Little, University of Maryland Extension)</em></td>
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<tr>
<td>Room 2101</td>
<td><strong>CROP PRODUCTION</strong></td>
<td><strong>Weed Management Tools for Vegetable and Grain Production</strong></td>
<td>What’s more exciting than a new cultivation tool? Seasoned farmer Dr. Nazirahk Amen will discuss new weed management implements for vegetable and grain production, highlighting new and innovative machinery imported from Japan. Find out what is working best for regional growers and what’s right for your farm. <em>(Dr. Nazirahk Amen, Purple Mountain Organics)</em></td>
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### JOIN FUTURE HARVEST—BECOME A MEMBER!

Future Harvest is a passionate, forward-thinking community of farmers, food businesses, and food lovers. We work to advance agriculture that sustains our region’s agricultural businesses; our land, water, and climate; and our communities with year-round education, research, and advocacy programs.

Your investment in Future Harvest delivers tangible benefits that help you become a more educated and connected farmer, producer, advocate or consumer, with membership including workshop and conference discounts.

JOIN FUTURE HARVEST: [BIT.LY/FHCASAMEMBER](https://bit.ly/fhcasamember)
Custom Grown Plugs
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The soil is the great connector of lives, the source and destination of all. Without proper care for it we can have no community, because without proper care for it we can have no life.

- Wendell Berry

#gowithyourgut

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SAVE THE DATE

February 7 & 8th - Valued-Added Meat Processing: Charcuterie Workshop in Mechanicsville
March 8th - Southern Maryland Horse Summit in Annapolis
July 27th - 4th Annual Buy Local Challenge Celebration in Benedict

NEW RELEASES

Maryland FarmLINK - New website launched in Fall 2019! A one-stop shop for farm resources statewide including farmland for sale or lease.
Southern Maryland Oyster Guide - Featuring over 70 online profiles - including all types of oyster producers plus heritage sites, museums, restaurants, stores and watermen tours.

Learn more about our programs and events at SMADC.com
THREE COMPANIES-ONE MISSION!

We Support Local Farms and Farmers at Central Farm Markets, MeatCrafters & Skinny Salamis™

Ethically Run, Ethically Sourced, Socially Responsible, & Proud Supporter of CASA

CentralFarmMarkets.com
MeatCrafters.com
Yorkshire Dales, England
Sheep & Wool Educational Tour | July 11-18, 2020

Who better to educate you on everything sheep related then the Sheep and Goat Specialist at the University of Maryland’s Western Maryland Research & Education Center, Susan Schoenian. While staying at the study centre at historic Kiplin Hall, the stunning Yorkshire Dales will become your living classroom. You will also have the privilege to attend the Great Yorkshire Show, one of the biggest agricultural shows in the world. It is truly an event you don’t want to miss.

Participation is limited | $1,500 per person
Interested in learning more? Contact us at: studio@remsberg.com

Lights, Castles, Action
Photographing Castles and Ruins in Yorkshire
The 2020 Remsberg Kiplin Hall Workshop | Aug 13-20, 2020

Don't miss the chance to stay at the home of Lord Baltimore and explore Yorkshire’s countryside with photographer Edwin Remsberg. Tour of some of the most beautiful places in the English countryside and call a castle your home for a week. This year we will be visiting Castles, Abbeys and Ruins, and learning how to photograph with and without artificial light. If you want to learn creative lighting skills or just want visit amazing historic places this is the place to be.

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In Loudoun, we partner collaboratively to support #LoudounPossible opportunities. Learn more at our Collaborative Marketing Programs to Grow Your AgBiz workshop or contact Chris Blosser at Chris.Blosser@Loudoun.gov
MARBIDCO: Helping Farmers of All Types!

The Maryland Agricultural and Resource-Based Industry Development Corporation (MARBIDCO), is a quasi-public financial intermediary development organization, offering low-interest loan and other incentive programs to assist Maryland qualifying farm, forestry, and seafood businesses. Often partnering with commercial lenders, MARBIDCO helps ag businesses secure affordable capital and credit for capital equipment, commercial facilities, and real estate purchases. Through our programs over the last 12 years, MARBIDCO has helped over 307 young and beginning farmers (assisting many with the purchase of their first farms). Three of our key programs include the Maryland Resource-Based Industry Financing Fund (MRBIFF), the Next Generation Farmland Acquisition Program (The Next Gen Program), and the Maryland Urban Agriculture Commercial Lending Incentive Grant Program.

- **What is the MRBIFF program?** The Maryland Resource-Based Industry Financing Fund, or “MRBIFF,” offers low-interest loans to young and/or beginning farmers and other agricultural and rural businesses for the purchase of land and capital equipment for production and processing activities. MARBIDCO can provide MRBIFF loan amounts up to $250,000 for acquisition of equipment and fixed assets, $450,000 for real estate purchases, food/meat processing and bioenergy projects, and $650,000 for large-scale food/fiber processing projects (of $2.5 million and up). Through the MRBIFF program, MARBIDCO provides 20% to 40% of financing needed for a project, and a commercial lender and/or a public instrumentality must also have an equal financial commitment in the transaction. (Note: MARBIDCO typically takes a subordinate position on the collateral security and under appropriate circumstances will approve real estate loans up to 100% combined loan-to-value.)

- **How does MARBIDCO assist next generation farmers?** The Next Generation Farmland Acquisition Program (Next Gen Program) was established by MARBIDCO to help qualified young or beginning farmers who have trouble entering or staying in the agricultural profession because of relatively high farmland costs and a lack of access to adequate financial capital to purchase farmland. The Next Gen Program is a relatively speedy farmland conservation easement option purchase program that is designed to help facilitate the transfer of farmland to a new generation of farmers, while at the same time, effectively helping to preserve the subject agricultural land from future development.

- **What options do urban farmers have?** MARBIDCO offers the Maryland Urban Agriculture Commercial Lending Incentive Grant Program to beginning or existing urban farmers, with some matching support from Farm Credit. The program is designed to help meet the farmers financing needs by providing an incentive for them to seek commercial lender financing for the development or expansion of their agricultural enterprises. The participation of a commercial bank, Farm Credit Association, or USDA-FSA in providing project financing is required. The maximum amount of the incentive grant is $10,000, calculated at no more than 20% of the project’s total cost and no more than 25% of the amount of the approved commercial loan for the project. (The minimum grant amount is $1,000 – with a commercial loan of $4,000, combined for a $5,000 project being financed.)

Special Regional Equity Incentive Grant Funding of up to 5% (for MARBIDCO loans) is also available for farmers in Southern Maryland (including Anne Arundel, Calvert, Charles, Prince Georges and St. Mary’s counties), and in the Upper Shore of Maryland (including Cecil, Kent, and Queen Anne’s counties).

MARBIDCO’s Financial Programs Staff are ready to help you! Please visit our exhibit booth or Contact us at: 410-267-6807 or find us on the Web at: www.marbidco.org!